

kurz (28)**5.0 km / 140 m / 18 Posten**

| | | | | |
|----|--------------------|------------------|----------------------|-----------------|
| 1 | Simon | Wenger | OLG Bern | 39:14 |
| 2 | Carmen | Minder | OLJC Holde | 41:13 |
| 3 | Yannis | Güdel | OLG Murten | 41:50 |
| 4 | Oliver | Santschi | OLG Bern | 42:26 |
| 5 | Joel | Morgenthaler | OLV Langenthal | 42:27 |
| 6 | Robert | Hegi | ol.biel.seeland | 42:38 |
| 7 | Salome | Weber | OLV Langenthal | 43:21 |
| 8 | Beat | Bärgme | - | 43:25 |
| 9 | Esther Mühlethaler | Michael Scheurer | OLG Hondrich | 43:32 |
| 10 | Stephan | Moser | OLV Langenthal | 43:38 |
| 11 | Corinne | Hess | OLV Hindelbank | 43:53 |
| 12 | Ueli | Werren | - | 44:11 |
| 13 | Peter | Gehriger | ol.biel.seeland | 45:16 |
| 14 | Sü | Baumgartner | OLV Hindelbank | 46:07 |
| 15 | Laura | Diener | OLG Bern | 49:00 |
| 16 | Patrick | Krähenbühl | OLV Langenthal | 49:06 |
| 17 | Leonhard | Oesch | OLG Bern | 49:11 |
| 18 | Renato | Scala | OLG Bern | 49:16 |
| 19 | Kurt | Mühlethaler | OLG Hondrich | 49:19 |
| 20 | Irene | Müller | - | 49:36 |
| 21 | Hermann | Wenger | OLG Bern | 50:58 |
| 22 | Georg | Ziltener | OLG Galgenen | 53:56 |
| 23 | Ursula | Häusermann | - | 54:04 |
| 24 | Fabienne | Wenger | OLG Bern | 54:29 |
| 25 | Claudine | Weber | OLV Langenthal | 1:02:36 |
| 26 | Ernst | Mischler | OLG Skandia | 1:05:13 |
| | Marcel | Schiess | IOF | fehlende Posten |
| | Ueli | Rüegsegger | Turnverein Luterbach | fehlende Posten |

lang (15)**8.2 km / 320 m / 26 Posten**

| | | | | |
|----|---------|------------|-----------------------------------|-----------------|
| 1 | Anders | Holmberg | Järla Orientering / OLV Baselland | 54:45 |
| 2 | Beat | Zimmermann | Bucheggberger OL | 55:20 |
| 3 | Sebi | Hägler | OLV Baselland | 55:47 |
| 4 | Andi | Herzig | - | 55:53 |
| 5 | Kaspar | Hägler | OLJG Holde | 1:02:19 |
| 6 | Philipp | Häne | OLG Galgenen | 1:02:30 |
| 7 | David | Bürge | OLC Omström | 1:06:15 |
| 8 | Darrell | High | Care Vevey | 1:11:40 |
| 9 | Michael | Eglin | bussola ok | 1:13:34 |
| 10 | Thomas | Koenig | OLG Bern | 1:18:16 |
| | Daniel | Klauser | OLG Rymenzburg | fehlende Posten |
| | Martin | Mühlemann | OLV Hindelbank | fehlende Posten |
| | Stefan | Lombriser | ol norska | fehlende Posten |
| | Arno | Schneider | OLG Cordoba | fehlende Posten |
| | Michael | Dubach | ol norska | fehlende Posten |